



February 16, 2018

CHRONIC INFLAMMATION: The **Fire Within!**

Medical and Dental Professionals Working Hand in Hand to Extinguish it!

Speaker: Kriston Reinsour, RDH, BSDH, CCSH, COMS

Statistics:

1 in 3 deaths are from CVD claims more lives than all FORMS OF CANCER

CAD causes 80% of CAD; asymptomatic

½ of African Americans have CVD; 2 X more likely to have a stroke and die from it

Life time risk of developing CVD at age 40: 2 in 3 M, 1 in 2 W

1 killer of W > than breast cancer

Every 40 sec someone has a stroke and every 4 mins someone will die

Every minute someone will die of a heart attack

Red Flags: Hand out post card:

Women:

Men:

Education:

Event reality

Disease vrs. Risk

Framingham/Reynolds

Primary

Secondary

Tertiary

Fire/Inflammation:

Fire Panel:

Root Causes:

Lipo(A) Mass murderer Bob Harper “Biggest Loser”

Periodontal disease pathogens and atherogenic triad: [Link to Article on WSDHA site](#)

Lifestyle: Exercise and diet

Optimal Care:

Individualized your therapy for the unique individual and the condition

Genetics:

IRA:

Important Links:

<http://pmj.bmj.com/content/93/1098/215>

http://theheartattackandstrokepreventioncenter.com/wp-content/uploads/2012/02/8_Year_Outcomes_of_a_Program_for_Early_Prevention.99709.pdf

<http://theheartattackandstrokepreventioncenter.com/wp-content/uploads/2011/08/CIMT-Article-03.20.13-Doneen-Bale-1.pdf>

<http://theheartattackandstrokepreventioncenter.com/wp-content/uploads/2011/08/Periodontal-Disease-and-CHD.pdf>

<http://theheartattackandstrokepreventioncenter.com/peer-reviewed-study-bale-doneen-method-halts-cardiovascular-disease-shrinks-arterial-plaque/>

<file:///C:/Users/skreisnour/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/W874R37B/Bale%20Doneen%20Study.pdf>

<file:///C:/Users/skreisnour/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/W874R37B/Bale-Doneen%20Study%20With%20John%20Hopkins.pdf>

<https://www.cnn.com/2017/04/04/health/bob-harper-biggest-loser-heart-attack/index.html>

Salivary oral DNA testing:

<https://www.oraldna.com/index2.html>

<https://www.oravital.com/patient-testing/>

<http://www.hain-diagnostics.com/>

Labs: Blood/urine work ups:

<http://www.clevelandheartlab.com/>

cIMT Testing:

<http://www.cardiorisk.us/>

<https://www.vasolabs.com/>